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WESTWOOD ON NDP
Canadian lefties need their *own* Bernie Sanders
metroVIEWS

THE ORANGE SPLIT

As the federal NDP left town, the Alberta NDP called the energy policy in the Leap Manifesto 'tone deaf'

metroNEWS

Province fires jobs program

EMPLOYMENT

Give us tax cuts instead, employers argue

Ryan Tumilty
Metro | Edmonton

Business groups are applauding the Alberta government's decision to fire its job-grant program and said with the budget coming Thursday, the NDP should introduce tax cuts in its place.

Economic development minister Deron Bilous announced Monday that the government's $178 million program, initially supposed to launch in January, is being axed.

The government promised the program during the 2015 election and the fall budget, and said it would help create 27,000 jobs by providing employers with grants of up to $5,000 to cover up to 10 per cent of a new employee's salary.

But Bilous said employers told the government the program was not going to help — and it has listened.

"Business and industry provided us feedback to say that this isn't going to give us the outcome we wanted," he said.

Amber Ruddy, a spokeswoman for the Canadian Federation of Independent Business, said companies were lukewarm on the job-grant program and would prefer a small-business tax cut.

"Not everybody is in a position to be hiring right now. A tax cut would help people keep the employees they already have," she said.

Ken Kobly, president of the Alberta Chambers of Commerce, praised the government for listening to the business sector.

"The point we were making is businesses will hire when they need staff," Kobly said. "The important thing to do right now is to get the economy moving — that will create your jobs for you."

Bilous said the money allocated for the now-cancelled program would be re-invested in other measures including a $10 million investment in business incubators. He said there would be a lot for business in Thursday's budget.

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A frame that's pitcher perfect

PHOTOGRAPHY

Why Amanda's just diamond at snapping Stroman & co.

Jeremy Simes
For Metro | Calgary

If it weren't for an intimidating, yet easygoing Bob Elliot, Amanda Fewer's photo may have never been tweeted by Blue Jays ace Marcus Stroman.

Fewer, who admits she, at one point, wasn't a baseball fan, has travelled about 55,000 kilometres from Calgary to Jays training camps in Dunedin, Fla., over the last three or four years. But her latest visit in March turned out to be a grand slam.

She said she decided to bring her good camera equipment this time around, meeting longtime and well-connected Toronto Sun sports columnist Elliot along the way.

"We talked about submitting some of my photos for review," Fewer said. "All I wanted was some feedback: Good, bad or otherwise to make sure I'm on the right track."

> **I was so stoked — so excited.**
> Amanda Fewer

She sent them in and, a few days later, noticed her Twitter feed was blowing up. Canadian Baseball Network also posted her photos.

"I was scrolling through and I caught Marcus Stroman, our starting pitcher, had taken one of my pictures and posted it on his Twitter," she said with a smile.

"It was that feeling of, 'I guess these are pretty good pictures.'"

Fewer, an aspiring sports photographer, always enjoyed snapping while growing up.

"It's an understated artform," she said. "Capturing the perfect picture is way harder than people think."

But there's a certain quality that comes with sports photography, she added.

"You're capturing history," she said. "You're capturing that moment for someone. Moments they know are huge and exciting or more of the candid shots.

"If you miss it, you miss it."

The photo of Stroman was one of those candid moments — it depicts the pitcher and his little brother walking side-by-side during batting practice.

"I think he really appreciated that ... I hope."

Fewer said she's been reaching out to local newspapers and blogs for work, hoping to turn her passion into reality.

"That would be amazing," she said. "It was a hobby, but it's starting to turn into something more. I'm really excited for the future and I hope that I can snowball this and turn it into something more."

She said she'll be off to Toronto in May to catch a few games and re-connect with Elliot. And after, she'll be back in sunny Dunedin, of course.

NOTES

Census takers coming to your door
City of Calgary census takers began knocking on doors on Monday, asking Calgarians a few questions so officials can make informed decisions on better services.
For the fourth year in a row, census takers will collect data on mobile devices, which means a more efficient and secure experience, the city said.
If you're not home when census takers come knocking, they'll leave you with a notice containing a number to call: 403-476-4100 (option 3).
Don't forget, all census takers wear a photo ID badge issued by the City of Calgary. For more information, visit calgary.ca/census. METRO

Man charged in multiple Calgary bank robberies
One man has been charged in connection with three Calgary bank robberies in March. Two CIBC locations and a Scotiabank were robbed between March 18 and 21. Each time the bandit approached the tellers and demanded money. He was given cash and he fled the scene. Investigators believe the same man was responsible for all three robberies.
On April 8, Seann Taylor Mills, 33, of Calgary, was charged with five counts of robbery. METRO

Election costs rise
Glen Resler, the province's chief electoral officer, released his report on the 2015 general election Monday, revealing the final cost was $18,987,748. That's 28 per cent higher than the last election in 2012. METRO

Pictured in this file photo is Mayor Naheed Nenshi and Shane Keating. METRO FILE

Bring back in-person meetings: Councillor

PUBLIC TRANSPORTATION

Face-to-face BRT talks put on hold in February

Helen Pike
Metro | Calgary

After Mayor Naheed Nenshi hit pause on face-to-face engagement for the South West Bus Rapid Transit project, one councillor is asking to get it back.

On Monday, Coun. Shane Keating, chair of the Transportation and Transit committee, asked if it would be possible to bring back in-person consultation after the April 20 meeting — which is expected to be a doozie.

The meetings were put on hold in February after a meeting went sour with reports of yelling, swearing, pushing and shoving, physical assault and even a death threat during a city-hosted information session on the SW BRT project.

Grassroots groups, like Ready to Engage, are planning to attend the April meeting in full force, and Keating said he expects the session to run over a day.

"Depending on engagement at the April 20 and T&T meeting, could the transportation department host a strictly moderated, public open house on the SWBRT, provided that the meetings are conducted in a manner which efficiently allows for respectful public discussion and safety of the participants and city staff?" asked Keating.

"Let's have the meeting on April 20 and see how things go," said Nenshi. "It's really interesting that, again, we haven't heard from any members of the permanent citizen group that anything's gone wrong."

Nenshi said if the meeting is respectful, on topic, and all questions aren't answered, face-to-face meetings could be possible — if he's able to ensure the safety of city staff.

All engagement has turned online to the city's brand new Engage! portal where members of the public can participate in forum-like discussions with other members of the public and city workers.

Director of Calgary Transit, Doug Morgan, said engagement has continued with over 1,500 pieces of feedback online.

"We do anticipate, as we move towards the project, if we can be assured city staff are safe, that we have respectful engagement and all Calgarians are heard … we will be able to go back out to the public," said Morgan. "We see the potential to do that."

Morgan said the city does want to interact with customers, and future customers. He said likely the interaction would come when Calgary Transit is closer to opening and fine-tuning service.

"It really helps fine-tune the process and gives us great engagement to build a better project," said Morgan.

CHINATOWN

Plan sent back for review

A protest and a report, that has been tabled several times, have sent a controversial Chinatown development request back to administration — and we won't see it again for another nine months.

In February, the Chinatown Community Stakeholders' Committee (CCSC) spoke out about a development ask that would see the Area Development Plan altered to allow a 30-storey building to go up in the historic district — a building they believed would not fit in with the current commercial and residential buildings with a 15-storey limit.

The ask, which was heard again in council on Monday, has been kicked back to administration at Coun. Druh Farrell's request to perform a "scoping report" which will be completed and heard by council in Dec. 2016.

"What we'd like to understand is what kind of development would be appropriate. We want to understand the issues but also the opportunities that are in Chinatown," Farrell told reporters. "We may need to look at amending this application."

Chinatown is due for a new Area Redevelopment Plan, but the last one took six years to complete. And Farrell doesn't want that to happen.

"Some wanted for us to freeze development until a new ARP is in place, we thought that was an unreasonable request and could be very negative to Chinatown," said Farrell. "What we want to do is get the work started, have an understanding of the direction we're going and use that information to inform a better decision for this particular application."

HELEN PIKE/METRO

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Premier Rachel Notley criticized the decision at the legislature Monday by her federal NDP counterparts to pursue the Leap Manifesto. DEAN BENNETT/THE CANADIAN PRESS

Notley angry but not ready to leap

ENERGY

Premier lashes NDP's federal manifesto as 'ill-informed'

$10 billion

Low oil prices decimated Alberta's once-rich economy. The province is to table a 2016-17 budget Thursday that will include a $10-billion deficit.

NDP Premier Rachel Notley is condemning the federal party's plan to consider dramatic policy changes that would have huge implications for her energy-reliant province.

Notley, in a legislature news conference Monday, called the energy pieces of the Leap Manifesto thoughtless.

"The government of Alberta repudiates the sections of that document that address energy infrastructure," said Notley.

"These ideas will never form any part of policy. They are naive. They are ill-informed. They are tone deaf."

Notley stopped short of saying she would seek to split the Alberta wing of the NDP from its federal counterpart. Instead, she said, Alberta New Democrats will make their points from within the party.

"Those people that have that little document in front of them very possibly could have some other documents put in front of them not too long from now, so that the scope and the range and the breadth ... behind those conversations improves substantially."

The manifesto calls for a radical, accelerated shift to Canada's economy to combat climate change.

It proposes a ban on new infrastructure projects, such as pipelines, tied to increased use of non-renewable energy. It also suggests Canada should get all of its electricity from renewable resources within two decades and be completely off non-renewables by 2050.

On the weekend, delegates to the federal NDP convention in Edmonton voted to discuss the Leap Manifesto and its policy implications at the constituency level.

Notley has been working to drum up support to get a pipeline built to get Alberta's oil to Canadian ports for a better price on the world market.

Alberta Environment Minister Shannon Phillips said the manifesto is bad policy that was poorly handled.

"People are feeling pretty disrespected by what just happened here. You didn't even have anybody reach out to Alberta before this came to the floor in our capital city," she said.

Deputy premier Sarah Hoffman said that although the manifesto will be debated at the constituency level, "I imagine most of those conversations will be rather short in oil-producing provinces." THE CANADIAN PRESS

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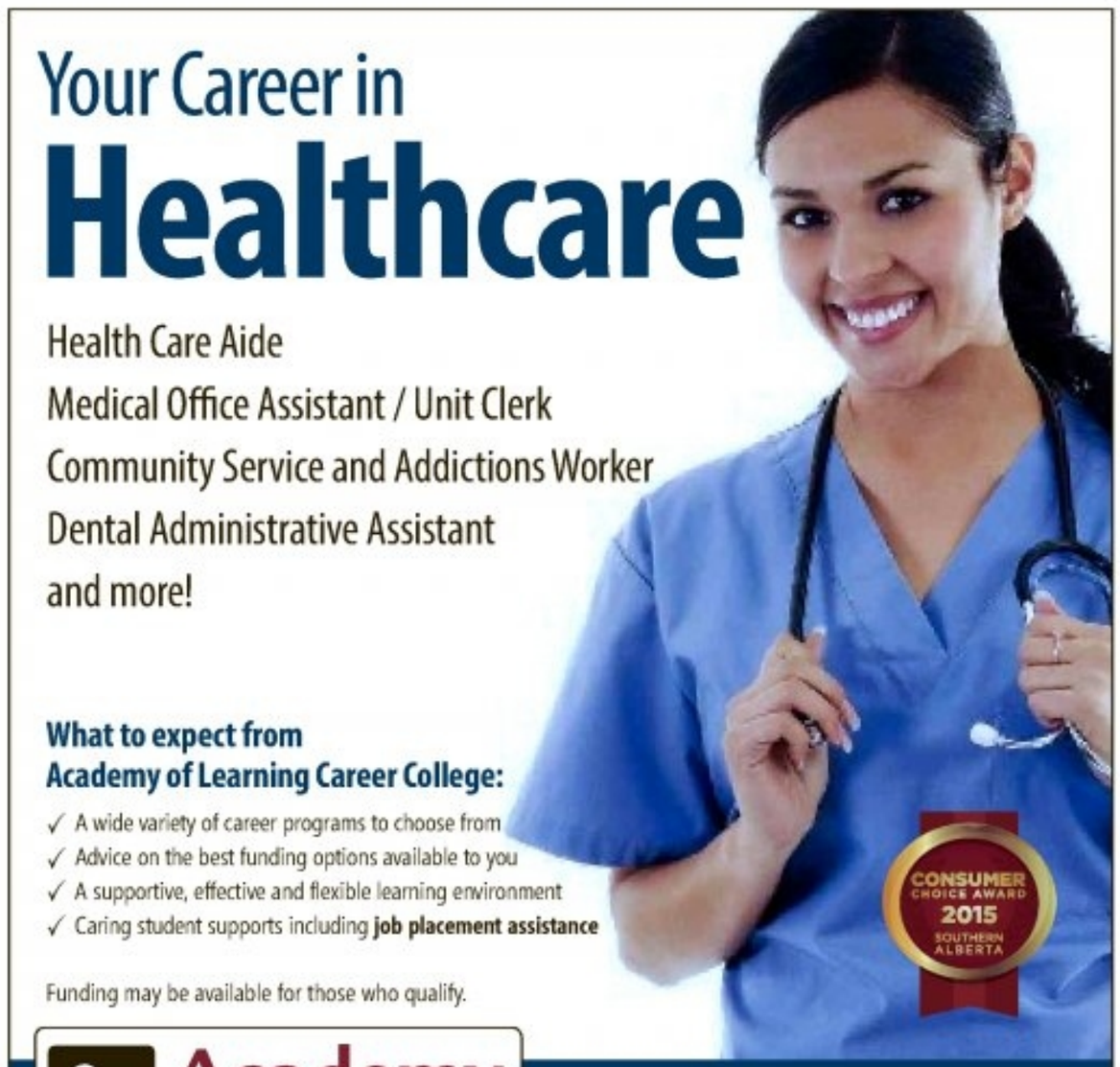
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Workshop supports mental wellness

HEALTH

Event designed to help laid-off workers focus on mind, heart

Aaron Chatha
Metro | Calgary

Calgary Economic Development is helping Calgarians through the economic downturn by focusing on the mind and heart before job searching and networking.

They're holding a free mental-health workshop on April 15 at the Telus Convention Centre, from 1 to 5 p.m., to help laid-off professionals and skilled trade workers cope and remain connected.

"The mental wellness and retention of our workforce is really critical to our economic recovery," said Jeanette Sutherland, manager of workforce and productivity.

> **They're going to be given tools to enhance their resiliency.**
> Jeanette Sutherland

The workshop will feature speakers and panellists from the Calgary Mental Health Association and the Calgary Counselling Centre. Entrepreneur W. Brett Wilson will speak about lessons he's learned overcoming adversity. The Calgary Mental Health Association will offer depression screenings over the weekend.

"We're really intending to help people develop these strategies to help with the emotional and mental health right now," said Sutherland.

"They're going to be given tools to enhance their resiliency if mental-health challenges arise."

Sutherland said mental health is often overlooked when people are laid off, with many focused on applying for jobs, networking or trying to move into a new career stream.

But, she said, poor mental health affects your relationships with your family and friends.

"Sometimes you're so overwhelmed by the challenges, you don't see the forest for the trees," she said.

The workshop is part of a series by Calgary Economic Development. Future events include repurposing your skill set and networking for introverts.

For more information, visit calgaryeconomicdevelopment.com.

A rendering of the new YYC International Terminal, set to open in October. CONTRIBUTED

ECONOMY

Airport still flying through downturn

Helen Pike
Metro | Calgary

Calgary's airport is soaring through the economic downturn, thanks to its hub status.

On Monday, Calgary Airport Authority CEO Garth Atkinson gave an annual update to councillors that underlined a surprise: People are still travelling to and from YYC.

Year over year, from 2015 January and February numbers, terminal traffic to the Calgary International Airport is up more than three per cent. Atkinson added that in Edmonton the airport has seen a six or seven per cent drop in terminal traffic, and Fort McMurray has been hit the hardest with a 20 per cent drop.

"It's quite surprising, I admittedly didn't expect that," Atkinson said. "Calgary is the hub. Sometimes in recessions, air carriers will cut at the spokes. That might be one of the factors we're seeing."

He explained that carriers are pulling back on services out of certain destinations, but Calgary has been able to hold on.

Coun. Richard Pootmans asked if there were any predictions for the end-of-year, but Atkinson wasn't optimistic.

"Before this downturn is over, we'll see some impact on traffic," Atkinson said, adding he can't predict the future. "I can say to date it has not been that negative."

Calgary has seen a similar dip in oilsands charter traffic. Atkinson said it's comparable to Fort McMurray's situation, but at YYC, this type of traffic accounts for a low amount of the airport's total.

International terminal nearly complete

After a one-year delay, the Calgary airport's new international terminal is just about ready to take off.

According to Atkinson, the terminal is "largely completed" and should open in October 2016.

When announced in 2013, the terminal was originally destined to open by the end of 2015 but was delayed an extra year.

Although the terminal may be done construction, some interior tweaks are still required before it's ready for the public.

Along with the shiny new five-level terminal, a Mariott Hotel will open a month before the terminal does, in September.

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Assault worries refugees

SETTLEMENT

Parents now won't let their children play unsupervised

Lucie Edwardson
Metro | Calgary

Since an unprovoked attack Saturday, Wesam Alomare, a Syrian refugee living in the city's southeast, said he won't let his kids play outside unsupervised anymore.

Alomare said he and a friend were sitting outside in their complex, dubbed Little Syria because of the 28 families resettling there — in the 1300 block of 42nd Street S.E. — when they were approached by two men, who they had just witnessed hitting a passing taxi and yelling at it.

"They were yelling and shouting, and all I understood was when they said 'f–k you' because they were speaking in English," said Alomare through translator and friend Raed Qatanani.

Raed Qatanani and Wesam Alomare recall a frightening attack at Alomare's home on Monday.
LUCIE EDWARDSON/METRO

Before he knew what was happening, Alomare said, one of the men slapped him across the face.

"At that moment we got up and went inside," he said.

Alomare said the men then began fighting with a neighbour who had come out to see what was going on. The neighbour went into his house and came back with an axe — which is when the two assailants fled.

Frightened and confused, Alomare called Qatanani, who said two other Syrian refugee men leaving English class at the Calgary Immigrant Educational Society on 17th Avenue and 39th Street S.E. had just called him reporting similar incidents.

Qatanani said although the police had been called to the complex, he had the men all gather at the school to speak with police.

Calgary police confirmed they received reports of both incidents and said they're investigating but suspect descriptions aren't clear yet.

Alomare said his three children, ages five, 12 and 18, are no longer allowed to play outside in the private complex unless supervised by him, his wife or their friends who also live in the complex.

He said although he doesn't think the attack was motivated by race, it was still very frightening.

"It's scary because it can affect everyone who lives here — not just me, but my wife, kids and the others who live here," he said.

Alomare said his family has otherwise had a very welcoming experience in Canada.

COUNCIL

City names integrity commissioner, adviser

Councillor squabbles now have two appointed referees. On Monday, Mayor Naheed Nenshi announced the appointment of an integrity commissioner and ethics advisor who will review complaints between councillors and their staff.

These positions come after a year-long search after Nenshi underlined "relatively small incidents" of sexual comments and bullying — which forced council as a whole to take respectful workplace training. Initially only one person was sought.

Council announced professor Alice Woolley will serve as ethics advisor and Allen Sulatycky will serve as integrity commissioner.

The mayor clarified Woolley would be helping educate the public and council on ethical matters. Sulatycky's role will be as adjudicator and investigator, when he sees fit, as ethical matters arise. HELEN PIKE/METRO

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POLICE

Kitscoty crimes unlikely fuelled by hate: RCMP

Kitscoty RCMP say there have been no incidents of racial profiling in the small town, though officers are still investigating all avenues regarding two crimes that occurred in the community last week and on Sunday.

Early Sunday morning, Abdul Mian was rattled by a blaze that consumed two of his semi-trucks outside his home in Kitscoty, located near Lloydminster.

But days before, he found "go back" scrawled on his garage door via spray paint.

Sgt. Jack Poitras said investigators are still determining a motive for the crimes, adding they've yet to receive a complaint from Mian.

"There's lots going on with the economy," Poitras said. "The local detachment said they've had zero racial slurs (in the community)."

> **The local detachment said they've had zero racial slurs.**
> Sgt. Jack Poitras

Mian, too, said he has felt loved by the community ever since he moved to Kitscoty about six years ago.

"Everybody loves me here, as far as I know ... until now," he said on Sunday. "I love this community. I understand the times are tough, but this doesn't mean people can go out and hurt people."

There's no indication both crimes are connected, given the fire incident is far more severe than the vandalism, Poitras said.

He said potential suspects could possibly face arson charges, though officers have yet to find the person or people involved.

"If anyone knows anything, I'm sure it'll come out," he said.

Kitscoty RCMP are asking people with more information to call its dispatch centre at (780) 846-2870. JEREMY SIMES/FOR METRO

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KIA The Power to Surprise

Aubrey Blair-Pattison, CEO of Ammolite BioModels, hopes her company's product will be a game changer for surgeons learning new skills. JENNIFER FRIESEN/FOR METRO

Models of bones limit risk, cost

HEALTH

Researchers secure $100K to develop spinal surgery method

Jeremy Simes
For Metro | Calgary

Local researchers hope their spineless methods will help doctors not go outside the bone when patients are under the knife.

Recently, Aubrey Blair-Pattison's scientific team — Ammolite BioModels — won $100,000 in the inaugural TENET Innovation to Commercialization Competition, hosted by the University of Calgary Cumming School of Medicine's McCaig Institute for Bone and Joint Health.

Blair-Pattison, CEO of Ammolite, said her team developed bone models that look and feel like real bones. They are used by doctors to improve training outside surgery rooms, though they also aim to reduce costs, time and risks.

The models are particularly beneficial for doctors practicing spinal surgeries, she said.

"So during spinal surgeries, especially orthopedic spinal surgery, doctors are around very delicate structures, like the spinal column and nerves," she explained.

"In orthopedics, the goal is not go outside the bone, but when the surgeon doesn't know what that feels like, they're much more likely to go outside that bone."

So, the models give surgeons that real feel — they'll be able to know what it feels like to stay inside the bone and when they start to breach it.

"It's all done this way in order to prevent that from happening on a patient."

Going outside the bone can cause minor to severe complications, she added

"Most of the time it doesn't go that wrong, but the better trained the surgeons, the more likely they're not going to do that at all"

But surgeons also normally learn their skills by practicing on patients, which can add significant costs, Blair-Pattison said.

She said Ammolite will use its prize money to begin manufacturing the bones and start building the business.

> **It's all done this way in order to prevent that from happening on a patient.** Blair-Pattison, on spinal surgery risks

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Updated service helps pets get home safely

MUNICIPAL MATTERS

Pet licensing made easier by City of Calgary

Stephanie Joe
For Metro | Calgary

The City of Calgary's Animal Services launched their new animal licensing portal Tuesday, making it easier for people to find their lost pets.

Dustin Rogers, of the Calgary Community Standards, said that each year they received a lot of complaints from the public about their current licensing software.

"A lot of the complaints we received were about usability and functionality," he said. "What's great about the current website is that it's cell phone user friendly. We want this process to be as easy as possible."

Ryan Jestin, director of Calgary community services, who deals with animal licensing and responsible pet ownership, said the program allows Calgarians to license their pets, renew their licensing online and decide if they want email notifications on a regular basis.

Ryan Jestin gives Rosie a scratch behind the ears before he talks about the importance of pet licensing. STEPHANIE JOE/FOR METRO

Last year alone they drove 800 animals directly to their homes as a result of being licensed, he said.

"These were animals at large that we found in the communities," said Jestin. "The animals had licences on them and we were able to drive them directly home as opposed to bringing them through this shelter.

"It's an incredible benefit."

Jestin said they currently have 97,000 dogs and 34,000 cats licensed with the City of Calgary and this system will likely increase those numbers.

"You can opt for automatic renewals every year and it comes off your credit card just like you do for auto-renewing your licence on your vehicle," he said.

"It's a great system."

ON THE WEB

For more information on Calgary's Pet Licensing Portal, visit Calgary.ca and search for pet licensing.

COURT

Accused father testifies about son's meningitis death

A father accused in his toddler son's death from bacterial meningitis testified Monday that there never seemed to be a need to seek medical help because he thought his son only had the flu.

David Stephan was the first witness called by the defence in a trial he and his wife face in the death of their nearly 19-month-old boy. They are charged with failing to provide the necessaries of life.

Stephan says his wife, Collet, only mentioned the possibility of meningitis the night before Ezekiel stopped breathing and was rushed to hospital in March 2012.

"What is meningitis?" Stephan said he asked his wife. He said many of the symptoms overlapped with that of the flu. "There was nothing that would indicate he was in a situation where medical intervention would be required," he told court.

"We're not abusive parents who inflict physical harm on our children."

Stephan said his son started to show real improvement thanks to the herbal medications they were giving him right up until the day he went to hospital.

He also had his father come in the night before to give him a blessing.

He and his wife received a grim prognosis when Ezekiel was examined at the Alberta Children's Hospital. An examination showed the child had undergone seizures and that there was very little brain activity.

"It was fairly bleak and (the doctor) said it was rare that a child would come out of a situation like this," Stephan said.

"Even if there was an inkling of hope we were going to hold on to that."

The Crown says the couple didn't do enough to make sure Ezekiel received the treatment he required.

The trial in Lethbridge has already heard that the boy had been sick for about 2.5 weeks, and his parents gave him natural remedies and homemade smoothies containing hot pepper, ginger root, horseradish and onion.

THE CANADIAN PRESS

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Same message, a different location

PLAY

Concord Floral coming to Theatre Junction

Aaron Chatha
Metro | Calgary

Jordan Tannahill's play Concord Floral examines the importance of relationships and adolescence in reclaimed spaces. CONTRIBUTED

Jordan Tannahill's play Concord Floral is going through a few cosmetic changes for its Calgary run.

The playwright based the production around his teenage experiences in Ontario, hanging out in areas left over by "sloppy" urban design, like unused parking lots, abandoned buildings and dead shopping malls.

"These are the kind of spaces teenagers have often reclaimed for themselves in these neighbourhoods," he said. "They're kind of seen as blights in the neighbourhoods they occupy."

The play is set in one of the reclaiming spaces, in this case an abandoned greenhouse called Concord Floral, but for the Calgary production, names of streets, areas and landmarks have been localized to help audiences connect more with their own adolescent experiences.

The play uses the setting in the same way most teens would use it — for partying and generally a place to hang out. The plot kicks off when two girls uncover a horrifying secret, and 10 teenagers must flee that havoc they've brought upon themselves.

Tannahill said it's also tied to a 14th-century allegory called The Decameron, in which 10 teens seek refuge from the plague in an abandoned villa and tell each other stories to pass the time.

He said the specifics of the location aren't too important, as the story itself will appeal regardless of where the audience is geographically located. In fact, the original Concord Floral was torn down before the first production went up.

"These spaces do come and go, but I think that's fine," he said. "I'm sure the teenagers in the area have already found another space to make their own."

The play goes up at Theatre Junction from April 13 to 16.

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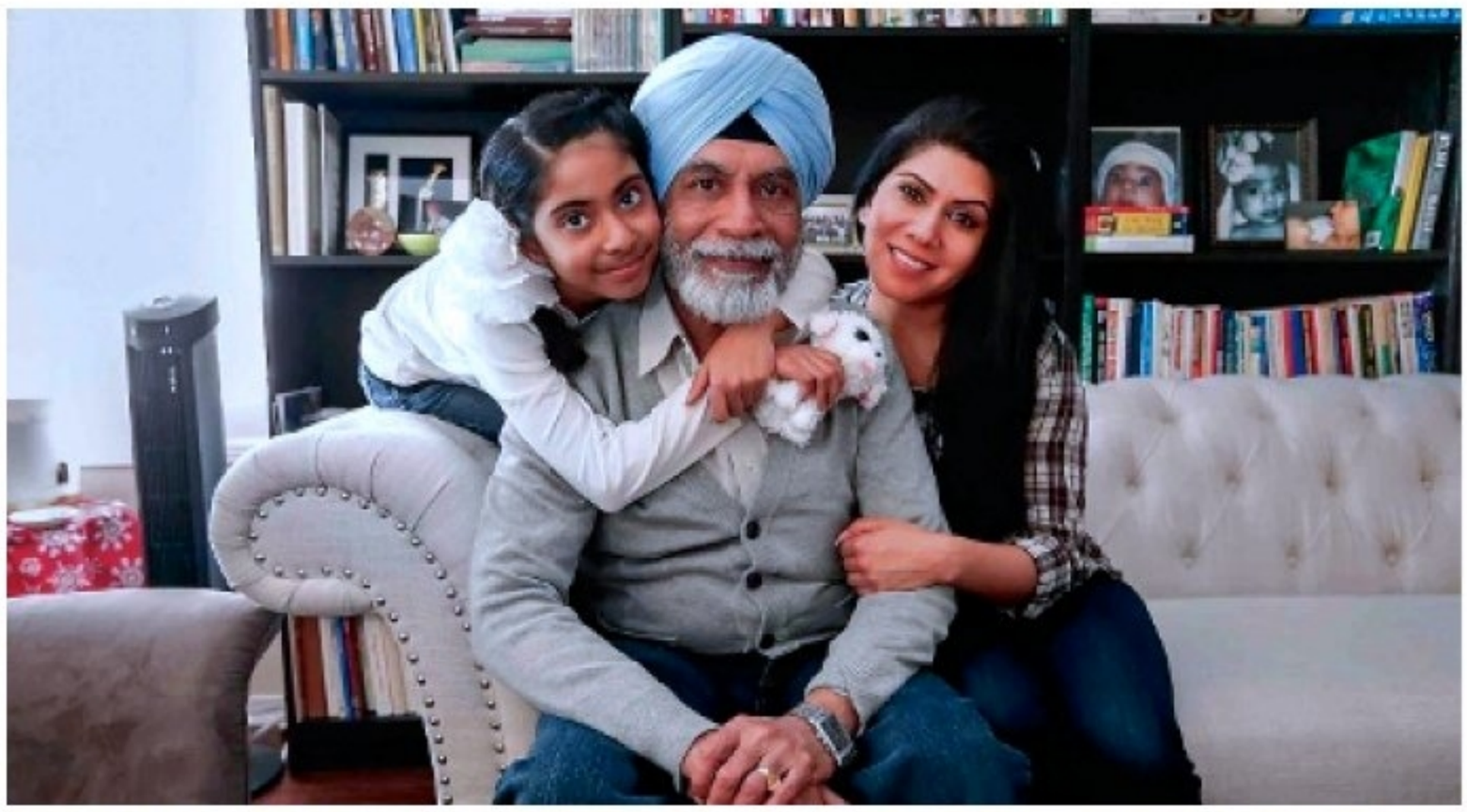

Baldev Mutta, centre, CEO of Punjabi Community Health Services in Brampton, Ont., with his granddaughter Talon Mutta, left, and daughter Rakhi Mutta. Mutta is involved in initiatives to celebrate girls born to Indian parents. BERNARD WEIL/TORSTAR NEWS SERVICE

Study sounds alarm on our 'missing girls'

SEX DISCRIMINATION

Indo-Canadian birth data shows gender imbalance

A preference for boys among Indian-born parents may have contributed to a deficit of more than 4,400 girls over two decades in what researchers in a new study are calling Canada's "missing girls."

The research, presented in the Canadian Medical Association Journal and the online CMAJ Open, looks at more than six million births in Canada and reveals that a greater presence of boys among Indian-born mothers may in part be linked to abortions in the second trimester, when parents can learn the baby's sex.

The birth data was compiled from databases administered by Statistics Canada and the Institute for Clinical Evaluative Sciences in Toronto between 1990 and 2011, and 1993 to 2012, respectively.

"The main implication is that among some immigrant communities, males are placed at a higher value than females. This is not just about abortions, it is about gender equality," said lead author Marcelo Urquia of St. Michael's Hospital. "I hope that this is conducive to a respectful debate on the value of girls and women in today's Canadian society."

> **This is something that we cannot hide anymore.**
> Baldev Mutta

His study newly exposes a relationship between induced abortions and the previously reported large numbers of boys among Ontario's Indian community, said Urquia, noting the data likely explains an imbalance in the rest of Canada too. Some of the "deficit" of girls may be due to "implantation of male embryos," said Urquia, but the data is insufficient.

For Baldev Mutta, CEO of Punjabi Community Health Services in Brampton, Ont., it's a question he and other community leaders will have to face. With this new research, he says, it is "time for some soul searching," in the country's Indian community.

He helped launch an initiative that flips the script on a traditional celebration called a "Lohri," meant for celebrating the birth of a boy, but which Mutta and a group of young South Asian women have turned into a movement called Lohri For Her. TORSTAR NEWS SERVICE

G7 MINISTERS

Dion vows renewed anti-nukes effort

Foreign Affairs Minister Stephane Dion says Canada can help kickstart the world's stalled nuclear disarmament efforts by pushing for tougher controls to prevent terrorists from building a nuclear weapon.

Dion joined his G7 counterparts on Monday in calling for a renewed effort towards nuclear disarmament after visiting the atomic-bombed Japanese city of Hiroshima.

But the minister also appeared to express frustration at what many see as the glacial pace of nuclear disarmament efforts.

"It's a challenge because over the last 20 years, it's stalled," Dion said in an interview from Tokyo, adding that there's been "no major progress" on ridding the world of nuclear weapons in that time.

Dion said Canada will focus on the growing international effort to revive the Fissile Material Cut-off Treaty, or FMCT. It has been more than half a century since the United Nations embarked on creating the treaty, which would control the spread of nuclear materials.

THE CANADIAN PRESS

Stephane Dion, second from left, with his G7 counterparts at Hiroshima Peace Memorial Park. KYODO NEWS/THE ASSOCIATED PRESS

IN BRIEF

Officials link charities to terrorist financing

Federal revenue agency officials have handed senators detailed correspondence about six organizations whose charitable status was stripped over concerns about terrorist financing.

But the agency stresses that the fight begins with prevention.

The Senate defence and security committee has been pressing the revenue agency's charities directorate to provide the information since June of last year.

THE CANADIAN PRESS

Payment from Lac-Mégantic settlement fund contested

About 400 people are contesting the amount of money they have received from the $460-million Lac-Mégantic settlement fund for victims and creditors of the 2013 rail disaster, the man overseeing the cash distribution said Monday.

Roughly 10 per cent of the 4,200 people who received cheques were not satisfied with their portion, said Andrew Adessky of the firm Richter. Victims have so far received half their expected payment for moral damages.

THE CANADIAN PRESS

IN BRIEF

Sporadic fighting mars first day of Yemen ceasefire

A UN-brokered ceasefire was mostly holding across war-torn Yemen on Monday with scattered violations reported by both sides. Much of the remaining violence took place in the besieged city of Taiz, where shelling killed at least one person and wounded five, according to residents.

The truce between the Saudi-led coalition, which backs Yemen's internationally recognized government, and the Shiite rebels known as Houthis went into effect at midnight Sunday. THE ASSOCIATED PRESS

Israel to free Palestinian girl, 12, held in prison

A 12-year-old Palestinian girl who was imprisoned after she confessed to planning a stabbing attack in a West Bank settlement will be released early, Israel's prison service said Monday, capping a saga that drew attention to the dual legal system in the West Bank.

The case has put Israel's military justice system in a tough spot as it deals with a girl who has pleaded guilty to a crime, yet has not even completed the seventh grade. THE ASSOCIATED PRESS

Thailand to sentence drunk drivers to morgue work

To help combat the carnage on the country's roads during this week's traditional New Year's celebration, Thai authorities are going gory: Drunk drivers and repeat traffic offenders can be sent to work in hospital morgues to see the fruits of their irresponsibility.

Casual attitudes toward road safety give Thailand the second-worst record in the world for traffic fatalities.

THE ASSOCIATED PRESS

British Prime Minister David Cameron leaves 10 Downing Street in central London Monday to appear before MPs for the first time since it emerged he had profited from an offshore fund. STEFAN ROUSSEAU/THE ASSOCIATED PRESS

David Cameron defends tax affairs

PANAMA PAPERS

Britain acting to stop evasion in overseas havens: Leader

British Prime Minister David Cameron fought back Monday after days of criticism over his finances, lashing out at what he called hurtful and untrue claims about his late father's investments sparked by leaked details about the offshore accounts of the rich and famous.

Trying to restore his government's shaken reputation, Cameron insisted that "aspiration and wealth creation are not somehow dirty words" and said Britain was acting to stop evasion in its overseas tax havens.

Cameron has been under mounting pressure since his father, Ian Cameron, was identified as a client of a Panamanian law firm that specializes in helping the wealthy reduce their tax burdens. The prime minister initially refused to say whether he had a stake in Blairmore Holdings, an offshore firm established by his father, before acknowledging he had sold his shares in it shortly before he was elected in 2010.

"I accept all of the criticisms for not responding more quickly to these issues last week," Cameron told lawmakers in the House of Commons. "But as I said, I was angry about the way my father's memory was being traduced."

Cameron said his father, who died in 2010, had set up an investment fund overseas so it could trade in dollar securities — "an entirely standard practice and it is not to avoid tax." He said millions of Britons had investments in such funds through their workplace pensions.

Revelations about the Cameron family finances — found among more than 11 million documents from the Panamanian law firm Mossack Fonseca — have overshadowed the government's claim that it is committed to closing tax loopholes. Cameron has championed greater financial transparency, and is due to host an international anti-corruption summit in London next month. THE ASSOCIATED PRESS

IN CANADA

The Canada Revenue Agency is boosting its efforts to hunt down tax dodgers — including those who shelter cash offshore — under an expanded plan expected to recoup $2.6 billion in unpaid taxes over the next five years.

The agency shared some specifics Monday on how it will improve detection, auditing and prosecution of tax cheaters with help from a five-year, $444-million government commitment.

THE CANADIAN PRESS

GEORGIA

Trial begins in hot SUV death

The judge overseeing the trial of a Georgia man accused of intentionally leaving his son in a hot SUV to die heard on Monday from about a dozen potential jurors who said they had scheduling conflicts. Two were excused.

Justin Ross Harris, 35, faces charges including murder in the June 18, 2014, death of his 22-month-old son, Cooper. Police have said the boy died after spending about seven hours in the SUV on a day when the temperature in the Atlanta area reached at least into the high 80s F (over 30 C).

Prosecutors have painted Harris as a man unhappy and unfaithful in his marriage who sought an escape and intentionally left the boy to die. Defence attorneys have called the boy's death a tragic mistake that Harris will have to deal with for the rest of his life.

He was indicted in September 2014 on multiple charges, including malice murder, felony murder and cruelty to children. That indictment also includes charges related to sexually explicit exchanges prosecutors say Harris had with an underage girl.

The extensive local and national news coverage of the case from the beginning will likely make it extremely difficult to find jurors who haven't heard or read about it. THE ASSOCIATED PRESS

Justin Ross Harris
THE ASSOCIATED PRESS

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Chatbots at your service

TECHNOLOGY

Why you might soon be texting robots as often as your friends

The robots are coming ... to help run your life, or sell you stuff, at an online texting service near you.

In coming months, people who use Facebook's Messenger app, Microsoft's Skype and Canada's Kik for online chats can expect to find new automated assistants offering information and services at a variety of businesses. These messaging "chatbots" are basically software that's capable of human-like conversation — and of doing some simple jobs once reserved for actual people. Google and other companies are reportedly working on similar ideas.

In Asia, such software butlers are already part of the landscape. When Washington, D.C., attorney Samantha Guo visited China recently, Guo said she was amazed at how extensively her friends used bots and similar technology on the texting service WeChat to pay for meals, order movie tickets and even send each other gifts.

"It was mind-blowing," said Guo, 32. U.S. services lag way behind, she added.

Online messaging has become routine for most people, offering more immediacy than email or voice calls, said Michael Wolf, a media and technology consultant. Messaging services are now growing faster than traditional online social platforms like Facebook or Twitter, according to research by Wolf's firm, Activate.

And experts say messaging bots can handle a wider range of tasks than apps offered by retailers and other consumer businesses. In part, that's because bots can recognize a variety of spoken or typed phrases, where apps force you to choose from options on a drop-down menu. Reaching a chatbot can be as simple as clicking a link in an online ad or scanning a boxy bar code with a smartphone's camera; a special-purpose app requires a download and often a new account sign-up.

People who use Messenger and Skype for online chats can soon expect to see businesses offering information and other services with the help of messaging "bots." PATRICK SISON/THE ASSOCIATED PRESS

> **Bots are the new apps.**
> Microsoft CEO Satya Nadella

"Bots are the new apps," Microsoft CEO Satya Nadella said last month. Microsoft has just announced new programming tools for businesses to build bots that will interact with customers on Skype, the Internet voice, video and messaging service Microsoft owns.

Facebook is widely expected to unveil similar tools for its Messenger chat service at the company's annual software conference starting Tuesday.

THE ASSOCIATED PRESS

REGULATOR

CRTC: No guarantee of speedy Internet

Canadians may want fast Internet access everywhere in the country, but that doesn't mean it will be guaranteed by Canada's telecom regulator.

Canadian Radio-television and Telecommunications Commission (CRTC) chairman Jean-Pierre Blais says any speed or service level his agency finds ideal won't automatically mean regulatory action to ensure it's accessible to everyone.

Blais opened exhaustive hearings Monday into whether high-speed Internet access should be a basic service and what that could mean. But he said it will be up to participants to demonstrate why the CRTC should act and why market forces are not enough to ensure the public's need for Internet services is being met.

"As it is crucial not to confuse 'wants' with 'needs,' the CRTC is asking parties to take a fact-based and objective approach to these discussions," Blais said in an opening statement to the hearings.

Since 2011, basic telecommunications services in Canada have been defined by the CRTC as touch-tone phone service, low-speed Internet, access to long distance, directory assistance, enhanced calling and privacy protection features, emergency services and voicemail.

THE CANADIAN PRESS

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CP Rail abandoning bid for U.S. company

Canadian Pacific Railway has given up on its attempt to merge with Norfolk Southern Corp., days after the U.S. Justice and Defense departments raised concerns about the proposed takeover of the Virginia-based company.

Calgary-based Canadian Pacific initially proposed the deal in November, which would have created the largest railroad in North America.

It would have cost about $30 billion US and expanded CP's rail network, especially in the eastern U.S. and the Chicago area where there is a major rail hub.

But Canadian Pacific said Monday that it is no longer going to ask Norfolk Southern shareholders during their annual meeting on May 12 to vote in favour of merger negotiations.

"We have long recognized that consolidation is necessary for the North American rail industry to meet the demands of a growing economy, but with no clear path to a friendly merger at this time, we will turn all of our focus and energy to serving our customers and creating long-term value for CP shareholders," CEO Hunter Harrison said in a statement.

THE CANADIAN PRESS

NOTICE OF HEARING FOR PERMANENT GUARDIANSHIP ORDER TO:

Jody Nepoose

Take notice that on the **21st day of April 2016** at **2:00 p.m.**, at **Calgary Family Court, Courtroom # 1505, 601 – 5th Street SW, Calgary, Alberta,** a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: **Permanent Guardianship Order;** of your child born on **January 6, 2014.** If you wish to speak to this matter in court, you MUST appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Jackie Ellice; Leanne Baines; Daniella Eggink
Calgary Region, Child and Family Services
Phone: (403) 297-2978

NOTICE OF HEARING FOR PERMANENT GUARDIANSHIP ORDER TO:

Sherman Bull aka Stacy Bull

Take notice that on the **21st day of April 2016** at **2:00 p.m.**, at **Calgary Family Court, Courtroom # 1505, 601 – 5th Street SW, Calgary, Alberta,** a hearing will take place.

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Contact: Jackie Ellice; Leanne Baines; Daniella Eggink
Calgary Region, Child and Family Services
Phone: (403) 297-2978

NOTICE OF HEARING FOR PERMANENT GUARDIANSHIP ORDER TO:

Shane First Charger

Take notice that on the **25th day of April 2016** at **9:30 a.m.**, at **Calgary Family Court, Courtroom # 1205, 601 – 5th Street SW, Calgary, Alberta,** a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: **Permanent Guardianship Order;** of your child born on **August 10, 2005.** If you wish to speak to this matter in court, you MUST appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Jackie Ellice; Leanne Baines; Daniella Eggink
Calgary Region, Child and Family Services
Phone: (403) 297-2978

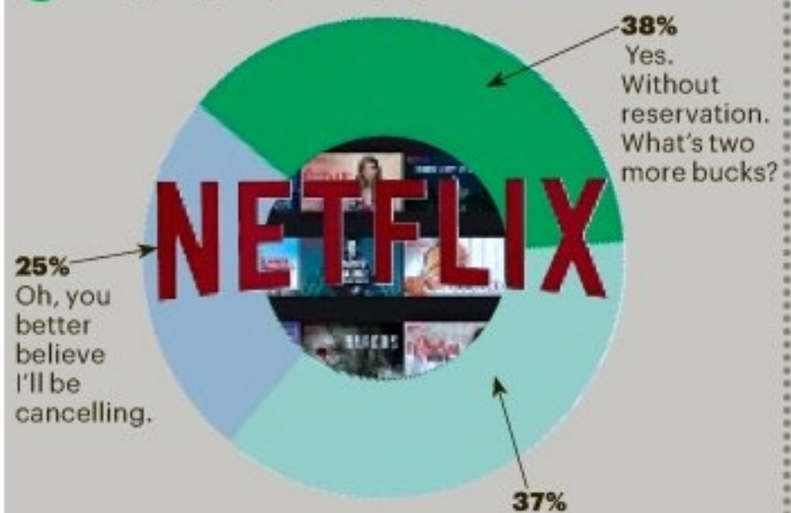
metro VIEWS
Your essential daily news
Tuesday, April 12, 2016

METRO POLL

Is Netflix asking for too much?

Streaming glad or screaming mad?
Don't look now but Netflix has its hand out and it's looking at you, early adopters. Having already raised subscription rates for new members, the streaming giant will in May begin charging its legacy subscribers $9.99 a month for service that has, since launch, cost $7.99 a month. This, in the wake of the company's recent crackdown on "unblocking" services. We asked our readers to weigh in.

1 Are you going to keep your Netflix account?



2 What monthly services do you pay for?

48% A cable or satellite package
40% Netflix
6% Shomi
4% Crave
40% Both cable and at least one streaming service

WE ASKED Metro readers

Are you joking, Netflix!??

$9.99 is still good value.

Frustrating interface. Stale content. Lack of new features. And now price increase?

It's all free somewhere. Netflix was just easier. But if you start gouging, you lose me!

A pack of cigarettes costs $15.00 and that's without the taxes thrown in. So I would say Netflix is still really a great deal.

The hidden costs behind the subscription are the data fees, which make it an extremely expensive service if you watch a lot of movies.

visit metronews.ca
HAVE YOUR SAY

School-bussing crunch means difficult choices

KLASZUS' CALGARY

Jeremy Klaszus

The Calgary Board of Education is in a budget quandary over school-bussing for kids. Don't be surprised.

This is what happens when you needlessly bus kids out of their communities instead of directing them to nearby schools.

It's what happens when you have duplicate school systems — public and Catholic — with separate bus systems.

Given Calgary's massive geographic footprint and recent population growth, something has to give.

Now it's about to: the CBE is projecting a $13-million budget gap in transportation for next year.

As it stands, the CBE bus system is a bit of a tangle, a complex system involving convoluted routes and, in some cases, long rides that exceed an hour each way.

CBE staffing for route scheduling is "well below industry standards," according to a recent study on the CBE bus system.

That's just one part of the problem.

More than 37,000 CBE kids take the bus to school, mostly on yellow buses (some take Calgary Transit).

In many cases, these kids are leaving their local school zones for alternative-school programs elsewhere in the city.

These include language, arts, science and Montessori programs, to name a few.

The number of kids getting bussed to alternative CBE schools is almost equal to the number getting bussed to regular schools.

And the alternative bussing is expensive. Sending a kid to a regular CBE program by bus costs $819 annually. For students of alternative programs, the cost jumps to $1,388.

These costs are "the direct result of having to transport students out of their assigned school zone," according to the recent bus report.

One solution is fairly obvious. Make the system more efficient by eliminating needless movement of students.

In other words, keep kids in their communities wherever possible. Scale back the emphasis on alternative programs.

This would involve some sacrifice, but it would have benefits, too. It would strengthen neighbourhoods and get kids walking more.

In recent years, the CBE has facilitated — and encouraged — sending kids every which way throughout the city by bus for specialized education, at huge expense.

Calgary parents clearly like alternative programs, but it's not sustainable for the CBE to keep shuttling kids to these schools over long distances.

It's a question of wants and needs.

Need: Sending a kid with special needs to where they can get proper support. It's good for the kid, the family and the community.

Want: Sending a kid to a faraway specialized program because you're worried they won't get an elite education at the school down the street.

Meanwhile, families in new communities don't even have the option of sending kids to a local school. For them, bussing is clearly a need.

The school bus system should focus more on needs, and less on wants.

Jeremy Klaszus is a freelance journalist and stay-at-home dad.

ROSEMARY WESTWOOD

metroview

To yearn for Bern is to be the quintessential young Canadian lefty

It's a special insult that the U.S. is even doing socialism better than us.

Rhetorically, in any case.

We might be living in the pseudo-utopia of Bernie Sanders' acolytes' dreams, with our health care and restrictions on campaign spending, our sick leave and mat-leave culture. But they have something that we want, too: Bernie himself.

Our supposedly lefty champion, Thomas Mulcair, saw his leadership future end with a hollow thud this weekend (the NDP voted to replace him, which could take a few years). Sure, he had his "pitbull" moments in the house, but did anyone #feelthe... Nope.

Meanwhile, Sanders is more popular on Canadian millennial Facebook feeds than cats and puppies combined. Sure, he's cute in that scruffy, stray-dog kind of way. But it's not the cuddliness. It's the honesty.

Still dreaming they'll never turn cynical, young Canadians are primed to value not only the message of Sanders's democratic socialism, with its focus on free universities and its rage against soulless corporate greed, but also the vessel. Here's a man who has, for decades, been singing the same tune. Unlike the party-swapping Mulcair, Sanders is the grandpa who really DID walk to school in the snow, uphill, both ways.

It's for others to deduce what caused the NDP's implosion. But I spoke to enough young voters during the campaign to know their idealism was ill met in the NDP's platform, and its portrayal of a stiff, somewhat shifty leader.

Of course, I could dream up a more perfect candidate than Sanders. One that shatters at least one of the gender and race biases in politics. One with a stricter stance on guns. And Sanders is controversial among black American voters.

It's also worth wondering whether Sanders would be as beloved if he weren't also a slightly cantankerous New Yorker — is our love just an extension of our enduring fascination with America itself? The political equivalent of wanting to visit Detroit? And if we lived there (in Detroit, in the U.S.) would it seem as romantic?

Still, it's laughable that we're more afraid of socialism, the word, than America is right now: the NDP voted in 2013 to scrap that term from its constitution, partly so it wouldn't become an issue in the 2015 election.

Canada needs a solid left. A socialist party that walks and talks like one. One that champions the growing poor and fights against impunity among the rich (ahem, #panamapapers). We deserve a chance to vote for a leader who meaningfully defends the socialism already at work here.

I might not always vote for him, or her, but my generation, in large part, will.

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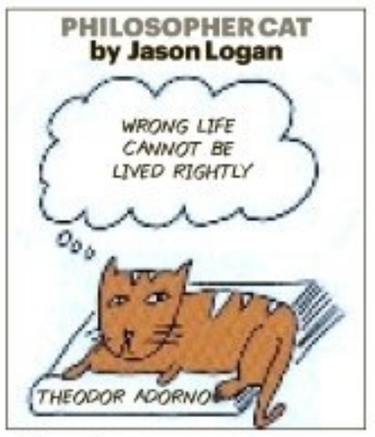

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metro LIFE

Your essential daily news

Gloria Steinem to host, produce series about violence against women for Viceland

'I am fat and I am proud'

It's an interesting time for the body-positivity movement. Amy Schumer took on Glamour magazine last week for calling her "plus size" and clothing retailer Addition Elle was criticized for firing an employee after she used the term "fat lady" in an endearing way. As the issue of labelling polarizes the plus-size community, Metro asked fashion blogger and entrepreneur Karen Ward about taking ownership of words used to hurt us.

Karen Ward
For Metro

I am adorably chubby, a freckle-faced eight-year-old waiting her turn for the monkey bars. A bully pushes me aside forcibly. I tell her I was waiting in line. She tells me to shut up and calls me a "fat tubba lard."

This is why the reclamation of the word "fat" is so contentious. But it's also why it is so important. Twenty years later I am on the front lines of the body positivity movement in Toronto. I have been told all my life, either implicitly or explicitly, that I do not deserve the space I occupy or the beautiful clothing on my back because I am "fat."

In 2010 I started my blog Curvy Canadian, offering shopping tips, lists of stores that ship to Canada, and fashion inspiration to plus size Canadian women. Plus size clothing options are seriously lacking, and in 2012, I opened my own clothing store in Toronto, Your Big Sister's Closet.

I believe in the transformative power of dressing well. Fashion is a language, and plus size women have lacked the words so long that we barely know how to speak.

One of my customers, a petite brunette who just graduated from high school, was so shy when I first met her that she couldn't even talk to me or make eye contact. She's been back many times since then and she's blossomed — shedding baggy sweats for my most dramatic pieces, her head held high while wearing her new electric blue pouffy skirt, and her voice audible. She is why I do what I do.

Body positivity is a social justice movement that reinforces that everyone, no matter their size, age, race, gender, disability, or appearance, is worthy of the right to be proud of their body.

The body positivity community in Toronto is leading the charge to change perspectives. Reclaiming the word "fat" is an important part of the movement.

The word "fat" has always been a "bad" word — used as an insult, and a cruel one at that, which is why plus size mega retailer Addition Elle fired store associate Connie Levitsky for using it.

"Fat" is much more value-laden than any other physical descriptor: tall, short, blond, brunette. None of these hold the same ability to hurt as "fat," which is why we need to reclaim this word. We need to strip it of its ability to hurt, shed the negative connotations it has accrued, and use it to label ourselves. Doing so is a highly subversive act.

From left: Sarah Taylor, reigning Miss Plus Canada; blogger Laura Caravaggio; blogger and boutique owner Karen Ward; Ophilia Alleyne, 2014 Body Confidence Canada Award Winner; Thera Warren, plus-sized stylist and blogger. LIZ BEDDALL/METRO

I applaud Levitsky both for using the term and for speaking out about her firing. It has shed much-needed light on our movement, and educated brands like Addition Elle.

This issue of labelling has been polarizing in the plus-size community. Supermodel Ashley Graham has been criticized for participating in the #droptheplus movement, a campaign devoted to eliminating the "plus size" label altogether.

Fans are angry because Ashley is the face of so many brands that cater to plus size women such as Lane Bryant, Addition Elle, Forever 21+, and department stores like Saks and Nordstrom, and this has helped her get to where she is, but some people feel that she is forsaking the plus size industry and community by denying the term.

It would be wonderful if we could get rid of all these labels and just BE. Unfortunately, we're just not there yet. We're not at the point where we can throw away the labels that help us organize our advocacy. There is still so much work to do.

Just as second-wave feminists rallied as one loud, unified voice, so must we before we can enjoy what a third-wave body positive activism will bring — a celebration of individuality without labels. We're getting there. Slowly.

When I started my blog six years ago I initially titled it "Canadian Fatshionista," but changed to "Curvy Canadian" because I worried that brands like Addition Elle wouldn't work with me and that I might alienate readers.

Now, I would choose "Canadian Fatshionista" without hesitation — not because I believe that attitudes have changed, but because I have come so far in my own body positivity.

I can now own that word. It's time to take it back. I am fat, and I am proud.

From insta-pals to real life bonds

Ilene Shioguchi, left, and her friend Maha Alavi met through Instagram. TORSTAR NEWS SERVICE

TECHNOLOGY

How people use Instagram to meet friends, partners

Ilene Shioguchi's Instagram account is a carefully curated collection of millennial staples: selfies, brunch and coffee.

But it serves a purpose higher than ego-boosting — it's how she attracts and seeks out real-life friends.

"The great thing about meeting people through Instagram is that when I meet up with them, I feel like I already know a lot about them," said Shioguchi, a 24-year-old Torontonian studying advertising at Centennial College. "We're able to hit it off right away."

Shioguchi is one in a niche community of Instagrammers who are using the app for more than lurking through photos of stranger's acai bowls or bikini selfies. They're building friendships, flirting and forming emotional bonds with strangers — some who they'll meet in person, others who'll remain online connections.

Instagram appears to be aware of its friendship-forming potential. The company encourages users to organize "InstaMeet" events, where Instagrammers meet up in person at a specific time and date, proliferating their account with photos and hashtags throughout the event.

In February, the Japanese duo behind the #2015bestnine craze, which saw Instagrammers visiting a website that created collages of their most-liked photos from the year, launched Nine, a "matching app" that compiles your top nine most-liked Instagram photos and lets you swipe through other users' photos. It's a tool Instagrammers can use to procure friends or dates, said founder Yusuke Matsumura. But others don't need a separate app. They rely on Instagram's "explore" tab, a function that displays popular images or ones selected based on their past activity.

Torontonian Farrell Tremblay started up a year-long flirty friendship with a tattooed Californian after stumbling on her selfie via the explore tab.

"She was really cute and I commented saying such," said Tremblay, 31.

The woman responded via direct message, kicking off a friendly relationship that got so serious Tremblay considering moving to California with a friend. The plan fell through when his friend didn't get the job he wanted.

They've never met in person.

TORSTAR NEWS SERVICE

WHY THEY USE IT

- **Heather Purdon, 23,** said she likes the app because it gives a sense of someone's personality. Travel photos could show they're adventurous, party photos show they're social and creative pictures show they're artsy. Her own account features mostly dogs and pizza, she said.
- American 20-somethings **Denis Lafargue and Elizabeth Wisdom** met through the app in 2012. They chronicled their relationship on Instagram with photos of everything from when they first met in real life to Lafargue's proposal — which fittingly involved Lafargue printing out a timeline of Instagram photos. They married in 2014.
- Experts aren't surprised millennials are co-opting Instagram to find relationships. "People are using anything and everything to find their partner," said **Bhupesh Shah**, co-ordinator of Seneca College's social media graduate certificate. "You're going to cast a wide net."

Choosing the program that's right for you is a big decision. That's why SAIT offers information sessions — your golden opportunity to discover your program options, ask questions and sometimes, tour our campus.
Our sessions are free and range in topic and timing. Details on all our sessions can be found on the events calendar at sait.ca.

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Join us on Wednesday, April 13 at 6:00 pm in Room NN108, Chinook Lodge Aboriginal Resource Centre in the Senator Burns Building.
For more information or to confirm your attendance, please call 403.210.4045 or email elf.infosession@sait.ca.

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JOHANNA SCHNELLER WHAT I'M WATCHING

How James Corden wins over our hearts, bit by bit

THE SHOW: James Corden's Carpool Karaoke (YouTube)
THE MOMENT: Stevie Wonder's phone call

"This is indulgent of me," Late Late Show host James Corden, driving, says to Stevie Wonder, in the passenger seat. "My wife doesn't believe I'm in the car with you."

"What's her name?" Wonder asks.

"Julia," Corden says. "She's gonna lose her sh—."

Corden passes his phone to Wonder. Julia answers. "This is Stevie," Wonder says. He sounds a note on his harmonica and begins to croon: "I just called to say James loves you." Corden's eyes fill with tears.

Late night talk shows have become less about the shows themselves, and more about the bits that trend the next day. Interestingly, each host's best bit plays to his personality. Jimmy Fallon, who is painfully sycophantic and competitive, uses both in his wildly popular Lip Sync Battles. Jimmy Kimmel, whose very face looks like a wisecrack, excels at getting people to make fun of themselves — hence his hit, Mean Tweets (celebs reading mean tweets about themselves).

Corden, by contrast, is not about snark, he's about sincerity. And there's nothing more sincere than driving around in a car singing to the radio. Corden may be a successful talk show host, but he's also a bloke who understands that harmonizing and car-seat-dancing might well be the best parts of our work days. To be able to do that with singers like Adele, Jennifer Hudson or Justin Bieber — he knows what a dream come true that is, and he conveys that.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

James Corden, right, and Stevie Wonder. CONTRIBUTED

When you're Aniston's yoga teacher

INTERVIEW

Mandy Ingber breathes deep and doesn't let it go to her head

While she may not have been spotted at Central Perk, celebrity yoga instructor Mandy Ingber has played a "friend" in an extended episode of Jennifer Aniston's real life. Call it The One with All the Yoga.

Ingber, who credits her yogi father for raising her on the craft, is a former actress herself who played Annie Tortelli in Cheers and short-lived spinoff The Tortellis. Today she's a New York Times best-selling author and creator of an instructional workout DVD inspired by her fitness philosophy she calls "Yogalosophy."

Inger spoke with Torstar from Los Angeles about her famous friend and her fitness values, outlined in her upcoming book Yogalosophy for Inner Strength: 12 Weeks to Heal Your Heart and Embrace Joy (Seal Press: $33.95), out May 20.

What inspired you to make yoga such a big part of your life?

Jennifer (Aniston) actually was the one who pushed me. I started teaching her and she started talking about me. It just happened.

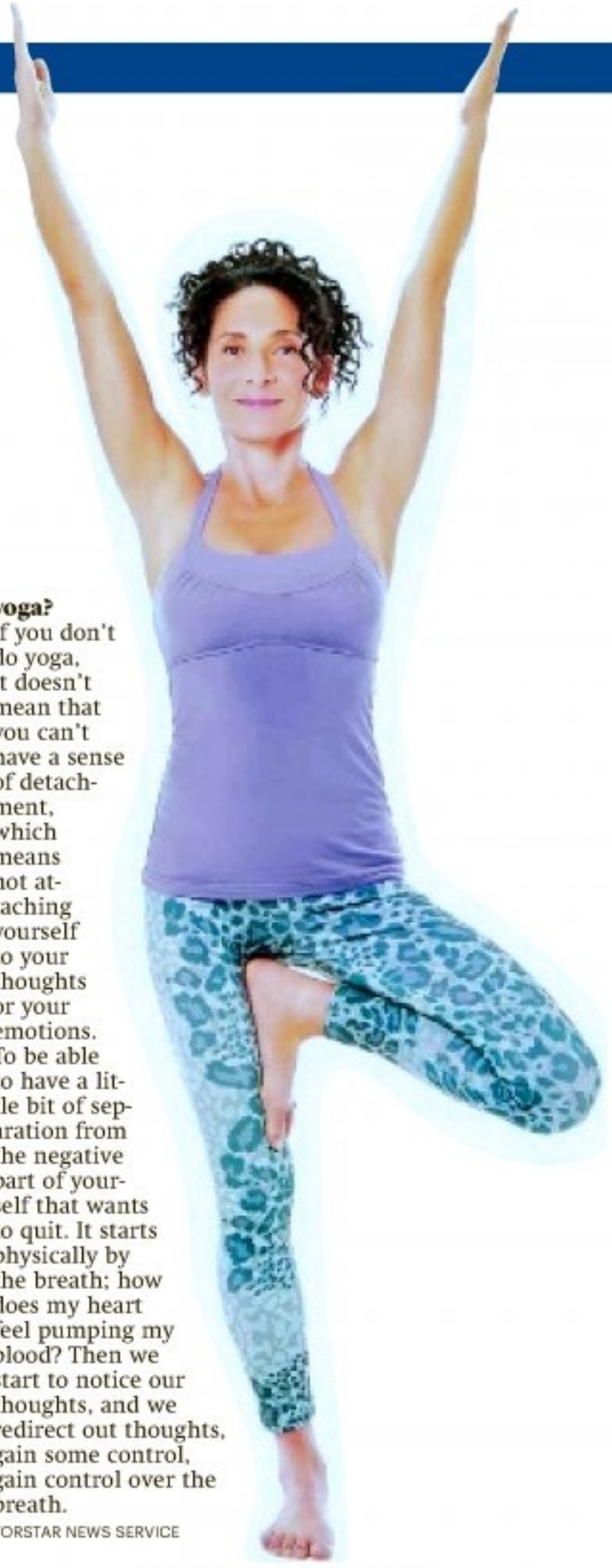
You've instructed her for years. How have you seen her progress?

It's been a long time, like 11 years or something. She started at a time when she was going through a divorce; it was a trying time, and it was a transitional time. At that point, I think it was really just finding a way to have acceptance and presence to what she was feeling. Sometimes moving your body can bring you into a better place mentally and emotionally. I think practising yoga on a daily basis brought her to a better place where she was comfortable in her own skin no matter what was going on.

You talk a lot about the "yoga mentality." What does it mean to incorporate that into other workouts that aren't necessarily yoga?

If you don't do yoga, it doesn't mean that you can't have a sense of detachment, which means not attaching yourself to your thoughts or your emotions. To be able to have a little bit of separation from the negative part of yourself that wants to quit. It starts physically by the breath; how does my heart feel pumping my blood? Then we start to notice our thoughts, and we redirect out thoughts, gain some control, gain control over the breath.

TORSTAR NEWS SERVICE



CHALLENGE

Toe the line with this fun foot stretch

YuMee Chung
Torstar News Service

Tabi are Japanese split toe socks, designed to be worn with traditional thonged footwear. They were the socks of choice for samurai during Japan's feudal era and are still sported by many martial artists. Learn to isolate you toes with this simple stretch.

Tabi Toes

1. Sit on the floor with legs outstretched and feet side by side. Flex your ankles until the soles of the feet are vertical — the ankles should resemble standing ankles. Spread your toes.

2. Press both big toes away from you while bringing the remaining toes back in the opposite direction. If the toes aren't overly co-operative, use your hands to manually pull the smaller toes back while you focus on the reach of the big toes. Feel free to bend your knees when reaching for the toes.

3. Now, find the opposite action: Move the big toes towards you while curling the remaining toes away. If this is challenging, push the smaller toes away with your hands while you focus on pointing the big toes back toward you.

4. Aim for ninja-like precision as you repeat the exercise, gradually speeding up as the intrinsic muscles of the feet get stronger and more co-ordinated. Complete eight rounds. Practise this regularly to improve your balance and get lighter on your feet.

If your toes aren't overly cooperative, use your hands to manually pull the smaller toes away. CONTRIBUTED

If the arches of your feet cramp up while trying Tabi Toes, give them a little stretch and a massage before attempting to complete the exercise using 20 per cent less effort.

This kind of cramp is the result of overwork and neurological confusion; the pattern of cramping should resolve with practice.

Toeing the line between foot fact and fiction

The toes help us to balance and propel us forward when we walk and run. Test this out by lifting the toes while attempting to balance on one foot or while jogging. The big toe carries more weight than any other toe, bearing about 40 per cent of the load. The big toe is also the last part of the foot to push off the ground when taking a step.

YuMee Chung is a recovering lawyer who teaches yoga in Toronto. She is on the faculty of several yoga teacher training programs and leads international yoga retreats. Learn more about her at padmani.com.

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metro SPORTS

Stephen King says new protective netting in MLB is "one more step toward taking the taste and texture out of the game I care for above all others"

Fall forecasted Flame-out

NHL

Slow start led to Calgary's fate as playoff also-rans

A bad start to the season and too many goals against were two recurring themes on Monday as the Calgary Flames addressed what went wrong this season.

The sting of missing the playoffs was evident as players packed up their stuff for summer, one month earlier than a year ago.

After surprising many by making the playoffs in 2014-15 and then beating Vancouver in the first round, Calgary (35-40-7) took a step back this season, finishing 26th overall. The Flames' 77 points were 20 fewer than a year ago.

"It's not good and there's no excuses why we're here. It's on us, we know we have to be better and this is something we learn from," said Sean Monahan, who set a career-high with 63 points. "Going home in April and the season being over is definitely not a good feeling and it's going to sting all summer."

The regression came despite three high profile off-season additions. Defenceman Dougie Hamilton was acquired from the Boston Bruins at the draft, Michael Frolik was signed as a free agent and Sam Bennett had a breakout rookie season.

The problems started immediately. Calgary stumbled out of the gate, losing its season opener to Vancouver on the way to a 2-8-1 start. The Flames were never able to climb out of that hole.

The Flames struggled with a three-goalie setup to start the season. HARRY HOW/GETTY IMAGES

"Last year, our start gave us a push," said coach Bob Hartley. "This year, our start created a doubt."

Needing everything to go right as they fell behind in the Western Conference,

Calgary found its luck drying up. After setting a franchise record with 10 third period comebacks last year, the Flames were only able to pull that rabbit out of a hat four times this season.

> **"I don't think it was a case of us not working hard enough, it was trying to do too much.**
> Bob Hartley

"Last year, everything just aligned. This year, we maybe took that for granted a little bit. Came in a little too comfortable. We were guilty of maybe being a little complacent at the start and it cost us," said veteran centre Matt Stajan.

The other hot topic and problematic area was goaltending. Calgary ranked 30th in the league with 257 goals against.

The team began the season with the awkward situation of three goalies all on one-way contracts. Karri Ramo and Joni Ortio both ended up waived at different times and sent to the minors. Veteran Jonas Hiller also struggled, his .879 save percentage the worst in the NHL in the last decade (25 games minimum).

"Our start wasn't very good and our goalies took a lot of blame for that but we weren't good enough defensively," said captain Mark Giordano. "We were giving up quality chances in the slot. I don't think any goalie's numbers are going to look good with some of the chances we were giving up."

Goaltenders are one of the priorities for general manager Brad Treliving. He confirmed that Hiller will not be back, but the door is still open for Ramo, an unrestricted free agent and Ortio, a restricted free agent.

Ramo suffered a season-ending knee injury in February and Ortio played well down the stretch.

Niklas Backstrom joined the team from Minnesota at the trade deadline. He made three starts in what could be his swan song in the NHL.

There was plenty of personal success. Johnny Gaudreau finished tied for sixth in scoring in his sophmore season. Others with career years points-wise included TJ Brodie, Giordano, Hamilton, Monahan, Mikael Backlund and Joe Colborne.

More pressing matters for Treliving are the negotiations with restricted free agents Monahan and Gaudreau, who are both due for hefty raises.

There's been speculation that maybe the two will get matching deals, like what Edmonton has done with Ryan Nugent-Hopkins, Taylor Hall and Jordan Eberle. THE CANADIAN PRESS

IN BRIEF

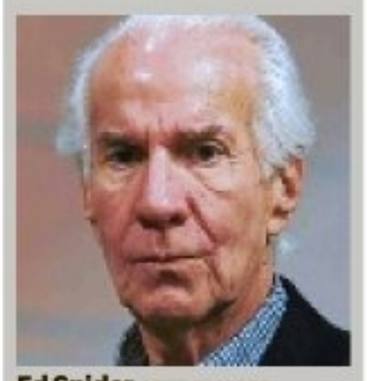
Flyers founder dies of cancer at age 83

Ed Snider, the Philadelphia Flyers founder whose "Broad Street Bullies" became the first expansion team to win the Stanley Cup, has died after a two-year battle with cancer. He was 83.

The Flyers said he died early Monday morning.

Upon hearing that the National Hockey League was going to expand from its original six teams to 12, Snider petitioned the league and was awarded an expansion club in 1966.

THE ASSOCIATED PRESS



Ed Snider GETTY IMAGES

Sabres GM says blood clot ends McCormick's career

Buffalo Sabres general manager Tim Murray says forward Cody McCormick has decided against resuming his NHL career a year after a blood clot was found in his left leg.

McCormick has not played since scoring a goal on Jan. 10, 2015, a day before he was hospitalized after the clot was discovered.

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Dell raised a well-rounded homo sapien

NBA

Former Raptor provided son Steph examples of giving back

For years, Stephen Curry watched his dad, Dell, do his part in the community. Curry was often among those children in Charlotte treated to special appearances from star athletes and still cherishes those sweet memories.

"That's how I grew up," Curry said. "I was blessed to see my dad and how he interacted with kids my age at the time. He was going to youth camps and different school events. I know how happy me and my friends were at that age to see somebody we looked up to come and spend some time. I don't want to take those opportunities for granted, no matter what the schedule is, or what's going on outside of that event. That's a time for them."

Even in the middle of Golden State's quest for the NBA wins record, which Curry and the Warriors (72-9) will try to accomplish in the regular-season finale Wednesday night against Memphis.

So, on a rainy Tuesday in Oakland last month, Curry spent several hours at Martin Luther King Jr. Elementary School speaking to kids about maintaining a healthy lifestyle, making the right choices and going to college.

The reigning MVP is clearly in his other element among giggling, giddy children, off the basketball floor where he is the most dynamic player in recent memory. Still, the Warriors worry a bit about their superstar overextending himself.

Steph Curry and father Dell GETTY IMAGES

"He genuinely cares," coach Steve Kerr said. "Sometimes he does too much stuff, we try to pull him back ... because everyone wants a piece of him and he has a hard time saying no."

Sure, Curry sometimes gets tired from all of the fanfare and the NBA grind. Not to mention the typical lack of sleep for a father with two young girls.

"The schedule's crazy and obviously we're right in the middle of the season, so there are times where you might wake up and not want to get out of bed or whatever, but it is helpful to remember how I felt as a kid and the stuff my dad taught me, and be reminded the importance of the stage and the platform we have," he said. "I want to use it." THE ASSOCIATED PRESS

A young Steph Curry sits with his father Dell and Mitch Richmond during the 1992 All-Star Three-Point Competition in Orlando. Dell played for the Charlotte Hornets, Raptors, Jazz, Cavaliers and Bucks during his 16-season NBA career. ANDREW D. BERNSTEIN/NBAE VIA GETTY IMAGES

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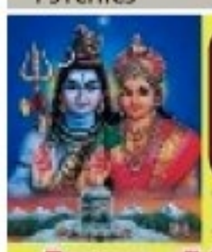

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LANDS FOR OFFER
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1. 151.48 Acres - 5;1;22;6;NE
2. 2.60 Acres - 0512195;2;2 (Part of 5;1;22;6;NE above)
3. 155.70 Acres - 5;1;21;18;NE
4. 160 Acres - 5;1;21;18;NW
5. 156 Acres - 5;1;21;18;SE
6. 160 Acres - 5;1;21;17;NW
7. 160 Acres - 5;1;21;17;NE
8. 155.70 Acres - 5;1;21;7;NE
9. 128.69 Acres - 5;1;21;7;NW
10. 155.50 Acres - 5;1;21;7;SE
11. 160 Acres - 5;1;21;7;SW
12. 157.79 Acres - 5;2;21;1;SE
13. 148.82 Acres - 5;1;20;31;NE

Anyone interested in submitting an offer to purchase any or all of the lands described above should contact Lexy R. Wong as set out below to obtain an offer package which will contain additional information about the lands and the terms and conditions which the Estate may consider when reviewing the offers.

All offers shall be submitted in writing in the form provided in the offer package and delivered no later than 12:00 p.m. MST (noon) on April 18, 2016 to the following:

Lexy R. Wong, Bennett Jones LLP Calgary
4500 Bankers Hall East, 855 - 2nd Street SW, Calgary, AB, T2P 4K7
P. 403 298 3079 | E. WongL@bennettjones.com

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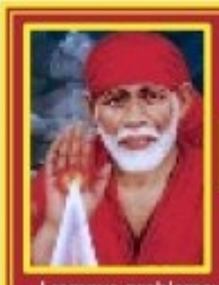

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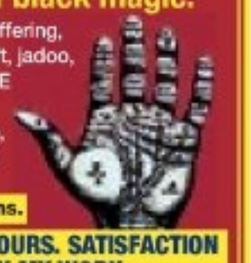

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NBA

Cavaliers secure top seed in East

LeBron James scored 34 points in three quarters, Kyrie Irving added 35 and the Cleveland Cavaliers clinched the top seed in the Eastern Conference playoffs with a 109-94 win over the Atlanta Hawks on Monday night.

MONDAY In Cleveland

CAVALIERS	HAWKS
109	94

James scored 19 in the third quarter and only sat for four of the first 36 minutes as the Cavs ensured they'll have home-court advantage until the NBA Finals.

James shot 13 of 16, made all five free throws and added six rebounds and six assists — another dazzling statistical line for the four-time MVP who switched into playoff mode weeks ago.

When James finally sat down late in the third, Irving made sure he didn't have to come back in by scoring nine points in the first four minutes. Kevin Love added 14 rebounds for Cleveland. THE ASSOCIATED PRESS

LeBron James throws down two of his 34 points on Monday. JASON MILLER/GETTY IMAGES

MLB IN BRIEF

Davis, Orioles spoil Ortiz's final Boston home opener

Chris Davis hit a tiebreaking three-run homer off new Boston closer Craig Kimbrel in the ninth inning and drove in five runs, carrying the Baltimore Orioles over the Red Sox 9-7 Monday in David Ortiz's final home opener.

Kimbrel (0-1) walked Caleb Joseph with one out and Manny Machado with two outs, then gave up Davis' home run to centre on a 97 m.p.h. pitch. THE ASSOCIATED PRESS

Average length of games back over three hours

Major League Baseball's average game time has slowed during the first week of the season.

The average time of a nine-inning game was 3:04 through the first 79 games of this season, according to STATS. That is up eight minutes from a 2:56 average for the first 79 games last year.

New pace rules this year include cutting the timer for between-inning breaks by 20 seconds. THE ASSOCIATED PRESS

RECIPE Chopped Chicken and Asparagus Salad

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

We love half-homemade dishes. Pick up a rotisserie chicken from the store, do some chopping and assemble — you'll have a great dinner salad that yields lots of leftovers.

Ready in
Prep time: 20 minutes
Cook time: 10 minutes

Ingredients
- 1/2 whole roasted chicken, white meat sliced and cut into bite size chunks
- 1 cup shaved cheddar cheese
- 1 red pepper, sliced and chopped
- 1 bunch of asparagus, steamed and chopped
- 4 kale leaves, stemmed and chopped

Directions

1. In a tall, lidded pot, place two inches of water. Tie asparagus into a bundle with string and place in pot upright. Cook for 3 to 8 minutes depending on thickness. Remove from water and set aside.

2. Chop chicken meat and place in a large mixing bowl.

3. Shave cheese and cut asparagus into bite size pieces similar in size to chicken. Chop red pepper. Combine chicken, cheese, asparagus and red pepper into bowl and gently mix. Drizzle desired amount of dressing into salad.

4. Arrange chopped kale on plates and then spoon chicken salad over top and serve.

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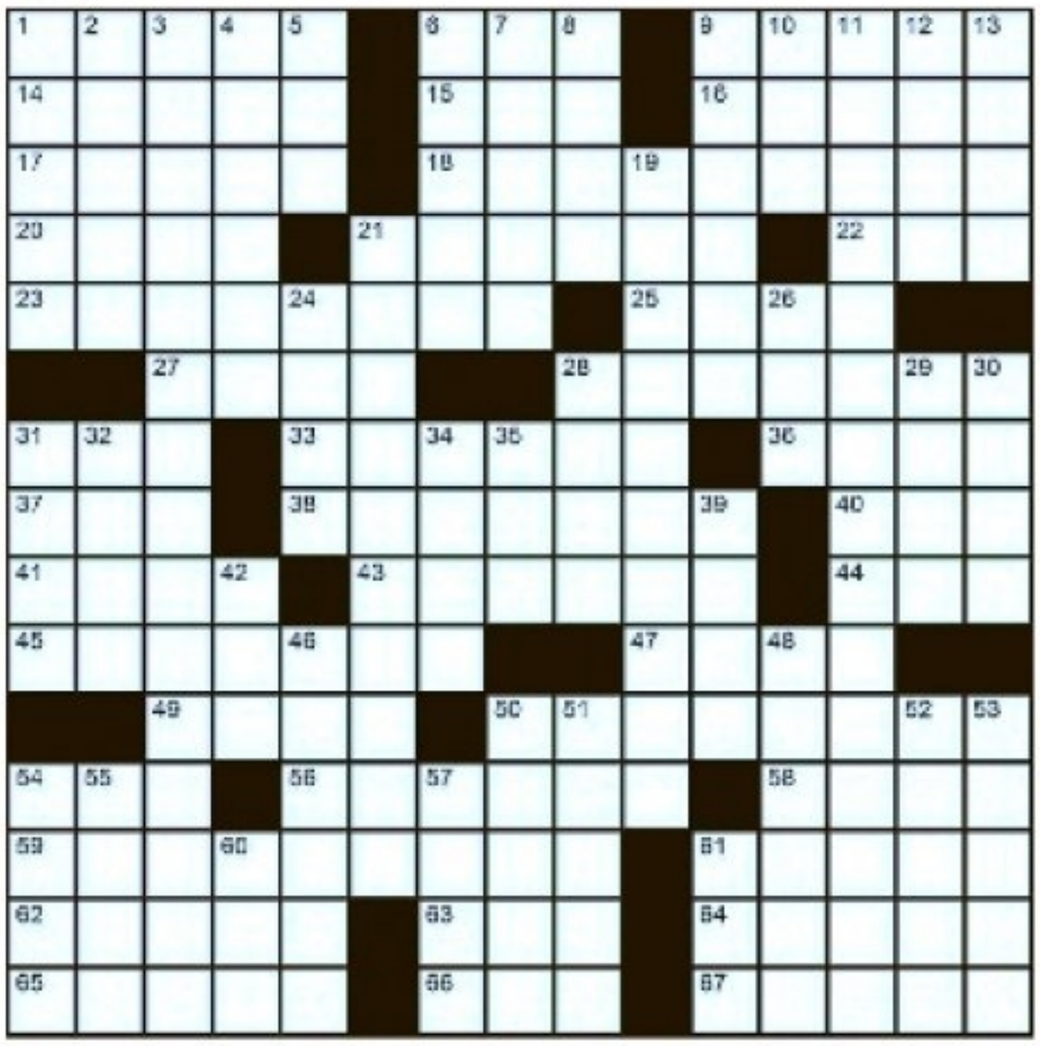
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Vancouver-born actress Ms. Smulders
6. River of Hiroshima
9. Amu __ (River in Asia)
14. Hoop-shaped
15. Fabled flapper
16. Hunter constellation
17. Singer Ms. Menzel
18. Hindrances
20. Montreal 'Miss', mini-ly
21. Hours: French
22. Laugh half
23. "Halifax" is a song on the new album 'ArrangingTime' by what American singer?: 2 wds.
25. 1973 to 1974 police series
27. Superstar
28. Wine/fruit punch
31. Climber's conquest, curtly
33. Andean animals
36. Nero's 1605
37. Gang
38. Alaska's archipelago-dwelling bears
40. 'Sun' completer (Dessert)
41. Gator's look-alike
43. Put on that Spring jacket: 2 wds.
44. Hosp. professionals
45. 'Shrinking' flowers
47. Minimum __
49. Modelling's Miranda
50. Tires brand
54. Flight tower serv. for planes
56. Tower of London guard
58. Man __ __ Mancha (Musical)
59. Novelist, William Makepeace __ (b.1811 - d.1863)
61. Madrid 'waters'
62. Motor scooter company
63. Soul, in Paris
64. Mail: French
65. "For he that __ through Morgoth's eyes..." - J.R.R. Tolkien, The Silmarillion
66. Pot's cover
67. "The Biggest __" (NBC show)

DOWN
1. Style with a 1980s hair iron
2. "Tee-__-Un-Bum-Bo"
3. Living room feature: 2 wds.
4. Requiring resources: 2 wds.
5. Q. "Is Phys. __. _ class we have to take?" A. "Unfortunately."
6. Dictate
7. Bruce Springsteen's "Born __ __"
8. Buying __ __ (Dealership transaction)
9. Canadian singer Fefe
10. 'Masc' ender
(Eye makeup)
11. Actor who brought Duddy Kravitz to life on the silver screen: 2 wds.
12. Aviator's steering wheel
13. Grande-__ (New Brunswick village)
19. Alberta city south of Edmonton
21. Vancouver... Landmark in Stanley Park that's over 700 years old: 2 wds.
24. Egg part
26. Movie studio
28. France/Germany river
29. The Who's "__ __ See for Miles"
30. Holy hails
31. Gladiator's 2105
32. Ms. Spelling
34. Tangy drinks
35. "Mamma __!" (2008)
39. Headliner
42. Key: French
46. Singer/actress, __ Badu
48. "Slide" by The __ __ Dolls
50. Savoury fifth taste
51. Gave a 'Yea'-opposing vote
52. Winged
53. Dermatologist's tool
54. Off-road rides, commonly
55. 'You' of yore
57. __-B (Toothbrush brand)
60. Ship's leader [abbr.]
61. will.i.am's bandmate, __.de.ap

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Give yourself extra time this morning so you have wiggle room to deal with surprises, because something unexpected will occur. Forgotten appointments or sudden changes are likely.

Taurus April 21 - May 21
Disputes about inheritances and shared property are likely now. This morning, unexpected news could affect these arrangements. Stay on top of things!

Gemini May 22 - June 21
Today the Moon is in your sign, which makes you more emotional than usual; however, it also favours you with good luck. Unexpected news might catch you off guard.

Cancer June 22 - July 23
Something might make you feel unsettled or uncertain about things today. If this is the case, reserve important decisions for the morning, and do nothing in the afternoon. Just coast.

Leo July 24 - Aug. 23
This is a fun day! Enjoy the company of others; however, don't commit to anything this afternoon. (You might meet a real character this morning or someone you know might do something that amazes you.)

Virgo Aug. 24 - Sept. 23
Bosses, parents and VIPs might throw you a curveball this morning. Wait until tomorrow to respond. You'll be glad you did.

Libra Sept. 24 - Oct. 23
Travel plans will be interrupted this morning. However, by contrast, you suddenly might have to travel somewhere even though you didn't expect to do so. "Whaaat?"

Scorpio Oct. 24 - Nov. 22
When dealing with shared property, taxes, debt and inheritances, restrict your decisions to this morning. Furthermore, expect a few surprises! (Know your stuff.)

Sagittarius Nov. 23 - Dec. 21
A partner or a close friend might say or do something you least expect this morning. However, you might like it. Whatever happens might give you more freedom in some way.

Capricorn Dec. 22 - Jan. 20
Your work routine will be interrupted this morning because of power outages, computer crashes, staff shortages or something unexpected.

Aquarius Jan. 21 - Feb. 19
This is a mildly accident-prone day for your kids, especially this morning. Therefore, be vigilant and know what's going on.

Pisces
Feb. 20 - March 20
Small appliances might break down this morning or minor breakages could occur because your home routine will have some speed bumps. Definitely. Perhaps surprise company will knock on your door.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

				2		1		9
	3							
			5		8			6
		1	3			9		
4								2
		8			6	5		
9			2		1			
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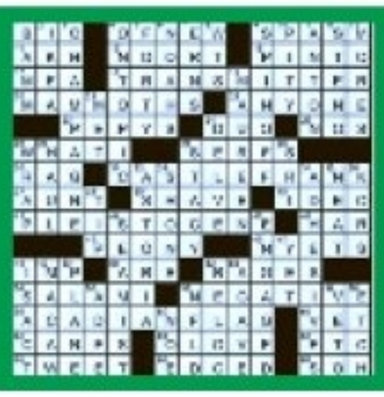
YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



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6	7	4	9	1	3	5	8	2
2	9	5	4	6	8	3	1	7
9	6	2	7	8	4	1	5	3
8	5	1	6	3	2	9	7	4
4	3	7	1	9	5	8	2	6

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